



2009 Frederick Futsal® League

(5-a-side Indoor Soccer)

WINTER SESSION 1 REGISTRATION

Come play Futsal®. It's the only indoor soccer recognized by FIFA. Coaches focus on your players' fundamentals during the winter months. Play in this fun, exciting Futsal league and experience what so many coaches and club administrators are raving about across the country. **Futsal® is the indoor soccer game of the future.**

It is a small-sided soccer game (5v5 – 4 field players and a goalkeeper) played on a smaller field (roughly a basketball court) with a smaller low bounce ball. Futsal is played with touchline boundaries. There are no walls in play. This is the game that outdoor soccer players around the globe play when they are indoors to refine and maintain their control, skills and touch. It is superior to walled soccer in terms of developing better skills and technique. In traditional American walled soccer, players regularly whack the ball (and sometimes their bodies) against the boards which promotes improper technique and too often rewards errant play. In Futsal, players are constantly reminded to play the same quality control game that is required for success in the outdoor game. Futsal develops skill, control, and technique. A small field with lines puts players constantly under pressure from other players and out-of-play boundaries. Players must learn to settle the ball rapidly, cut sharply, shield effectively, pass quickly and move into space.

League Information:

The league will be played every Monday or Tuesday evening at the Monocacy Valley Church, 9861 Old National Pike, Ijamsville, MD 21754. Winter Session 1 will begin Monday, November 17 and end in January. Kick off times will be from 5, 6, 7 or 8:00 PM. The league is open to U9/U10 and U11/U12 boys and girls teams.

- Each team will play at least 6 matches. Each match will be 40 minutes long (2x20 minute halves).
- Team rosters are limited to 12 players.
- The team registration fee is **\$375**. This includes referee fees and US Futsal player and coach registration.
- **Space is limited and registrations will be accepted on a first come first serve basis.**
- All coaches, players and teams **MUST** register with US Futsal® prior to competing in the league. This covers all players and coaches with secondary medical insurance coverage.
- The league is sanctioned by US Futsal (www.futsal.org) through Maryland Futsal (www.marylandfutsal.com).
- For more information please contact Jim Oman at 301-257-4872, e-mail futsaloman@aol.com or visit www.soccersensationsllc.com.

Team Registration Form – Winter Session 1

Team Name: _____

Age Group: _____ Boys / Girls (please circle one)

Team Manager/Coach: _____

Address: _____

Phone #: _____

E-Mail: _____

Fax #: _____

Please make the **\$375.00** check or money order payable to **Soccer Sensations, LLC**. Please send to:

Soccer Sensations, LLC
11843 Vineyard Path
New Market, MD 21774