



# 2009 Frederick Futsal® League

(5-a-side Indoor Soccer)

## WINTER SESSION 2 REGISTRATION

**Come play Futsal®.** It's the only indoor soccer recognized by FIFA. Coaches focus on your players' fundamentals during the winter months. Play in this fun, exciting Futsal league and experience what so many coaches and club administrators are raving about across the country. **Futsal® is the indoor soccer game of the future.**

It is a small-sided soccer game (5v5 – 4 field players and a goalkeeper) played on a smaller field (roughly a basketball court) with a smaller low bounce ball. Futsal is played with touchline boundaries. There are no walls in play. This is the game that outdoor soccer players around the globe play when they are indoors to refine and maintain their control, skills and touch. It is superior to walled soccer in terms of developing better skills and technique. In traditional American walled soccer, players regularly whack the ball (and sometimes their bodies) against the boards which promotes improper technique and too often rewards errant play. In Futsal, players are constantly reminded to play the same quality control game that is required for success in the outdoor game. Futsal develops skill, control, and technique. A small field with lines puts players constantly under pressure from other players and out-of-play boundaries. Players must learn to settle the ball rapidly, cut sharply, shield effectively, pass quickly and move into space.

### League Information:

The league will be played every Monday or Tuesday evening at the Monocacy Valley Church, 9861 Old National Pike, Ijamsville, MD 21754 and Sunday's at the Trinity School of Frederick, 6040 New Design Rd., Frederick, MD. Winter Session 2 will begin Sunday, January 4 and end the first week of March. The league is open to U9/U10, U11/U12 and U13/U14 boys and girls teams.

- Each team will play at least 7 matches. Each match will be 40 minutes long (2x20 minute halves).
- Team rosters are limited to 12 players.
- The team registration fee is **\$450**. This includes the US Futsal player and coach registration fees but does NOT include referee fees. Each team will pay the referee \$5 before each match.
- **Space is limited and registrations will be accepted on a first come first serve basis.**
- All coaches, players and teams MUST register with US Futsal® prior to competing in the league. This covers all players and coaches with secondary medical insurance coverage.
- The league is sanctioned by US Futsal ([www.futsal.org](http://www.futsal.org)) through Maryland Futsal ([www.marylandfutsal.com](http://www.marylandfutsal.com)).
- For more information please contact Jim Oman at 301-257-4872, e-mail [futsaloman@aol.com](mailto:futsaloman@aol.com) or visit [www.soccersensationsllc.com](http://www.soccersensationsllc.com).

## Team Registration Form – Winter Session 2

Team Name: \_\_\_\_\_

Age Group: \_\_\_\_\_ Boys / Girls (please circle one)

Team Manager/Coach: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Fax #: \_\_\_\_\_

Please make the **\$450.00** check or money order payable to **Soccer Sensations, LLC**. Please send to:

**Soccer Sensations, LLC**  
**11843 Vineyard Path**  
**New Market, MD 21774**